

Study Tips from online students

4) Believe in yourself

	Strategies	What students said:
A	Don't let fear hold you back	<ul style="list-style-type: none"> • <i>I think the only real obstacle I've had to overcome is my own doubts. Other than that, like I don't have anything else really holding me back.</i> • <i>It was really difficult to try and find my way through and then with Open Universities it was almost like "Hang on a minute. Oh, this is easy".</i> • <i>I think a lot of people are perfectly capable – they really do just need that help getting started and I just feel it needs to be more of a priority to educate everyone, not just those whose parents have been successful and lucky.</i> • <i>I wasn't very confident and I didn't think I was smart enough to do what I'm doing. Had I known that I would have got into it a lot earlier.</i>
B	Cut yourself some slack	<ul style="list-style-type: none"> • <i>There were moments where I sat down and just in moments of frustration thought "No, I can't do this because I'm stupid and that's what the problem is here and I just can't figure it out". The way around it was to sit down and go "No, it's got nothing to do with your level of intelligence..."</i> • <i>I think it's really the only obstacle that I've ever come is learning not to worry about anybody else and only worry about myself when it comes to my studies.</i>
C	Remember the strengths you already bring	<ul style="list-style-type: none"> • <i>I suppose that it was going to be a lot more difficult than what I've found it and that I wouldn't have been smart enough to do it. I think because I've had a lot of outside, real-world experience.</i> • <i>It's all brought out the core of who I am and it's just fantastic. It's just brought out what I always knew – that I'm capable of... it gave me fantastic self-confidence, it's giving me self-confidence within myself.</i> • <i>I've discovered what I've always known – that I'm capable of a lot of things that I have not had the chance to undertake as a youngster.</i>
D	You can do it!	<ul style="list-style-type: none"> • <i>I feel so much confident and relaxed in it that I'm not worried about passing.</i> • <i>I think when you get to a certain point you just keep going no matter what.</i> • <i>I'm about 10 times smarter than what I thought. And I've got far more potential than what I thought.</i>